

Sarah Ahmad  
Artist Statement

Ahmad's current body of work originated as an experience with nature, its energy and visual wonders, meditations on our innermost being and outermost mysteries of the universe, and how it is all interconnected. In a world stricken with increasing conflict and violence pouring out from all media, converging with one's personal traumas and struggles, an experience with nature and meditative practices provide a means for reflection, a pause, and a much needed break from life. Bringing this experience to art, the goal of her detailed monochromatic and sensitively rendered works is to create an altered, imagined reality where fragments of patterns derived from nature studies and geometric patterns are woven together to create a web of networks and pathways in a simulation of cosmic interconnectedness.